

Amen Child/Teen General Symptom Checklist

Name: _____ Date: _____

Parents please rate your child or teen on each of the symptoms listed below using the following scale. If possible, to give us the most complete picture, have the child or teen rate him/herself as well. For young children it may not be practical to have them fill out the questionnaire. Use your best judgment and do the best you can.

0	1	2	3	4	NA
Never	Rarely	Occasionally	Frequently	Very Frequent	Unknown - Not Applicable

Child Parent

- (____) (____) 1. depressed or sad mood
- (____) (____) 2. not as much interest in things that are usually fun
- (____) (____) 3. significant recent weight or appetite changes
- (____) (____) 4. recurrent thoughts of death or suicide
- (____) (____) 5. sleep changes, lack of sleep or marked increase in sleep
- (____) (____) 6. low energy or feelings of tiredness
- (____) (____) 7. feelings of being worthless, helpless, hopeless or guilty
- (____) (____) 8. plays alone or appears socially withdrawn
- (____) (____) 9. cries easily
- (____) (____) 10. negative thinking
- (____) (____) 11. periods of elevated, high or irritable mood
- (____) (____) 12. periods of very high self esteem or big thinking
- (____) (____) 13. periods of decreased need for sleep without feeling tired
- (____) (____) 14. more talkative than usual or feel pressure to keep talking
- (____) (____) 15. fast thoughts or frequent jumping from one subject to another
- (____) (____) 16. easily distracted by irrelevant things
- (____) (____) 17. marked increase in activity level
- (____) (____) 18. cyclic periods of angry, mean or violent behavior
- (____) (____) 19. periods of time when the child feels intensely anxious or nervous
- (____) (____) 20. trouble breathing or has feelings of being smothered
- (____) (____) 21. periods of feeling dizzy, faint or unsteady on your feet
- (____) (____) 22. periods of heart pounding, fast heart rate or chest pain

- (____) (____) 23. periods of trembling, shaking or sweating
- (____) (____) 24. periods of nausea, abdominal upset or choking
- (____) (____) 25. intense fear of dying
- (____) (____) 26. lacks confidence in abilities
- (____) (____) 27. needs lots of reassurance
- (____) (____) 28. needs to be perfect
- (____) (____) 29. seems fearful and anxious
- (____) (____) 30. seems shy or timid
- (____) (____) 31. easily embarrassed
- (____) (____) 32. sensitive to criticism
- (____) (____) 33. bites fingernails or chews clothing
- (____) (____) 34. persistent refusal to go to school
- (____) (____) 35. excessive fear of interacting with other children or adults
- (____) (____) 36. persistent, excessive fear (heights, closed spaces, specific animals, etc.)
please list: _____
- (____) (____) 37. excessive anxiety concerning separation from home or person.
- (____) (____) 38. recurrent bothersome thoughts, ideas or images which you try to ignore
- (____) (____) 39. trouble getting "stuck" on certain thoughts, or having the same thought
over and over
- (____) (____) 40. excessive or senseless worrying
- (____) (____) 41. others complain that you worry too much or get "stuck" on thoughts
- (____) (____) 42. compulsive behaviors that you must do or you feel very anxious, such as
excessive hand washing, cleaning, checking locks, or counting or spelling
- (____) (____) 43. needing to have things done a certain way or you become very upset
- (____) (____) 44. recurrent and upsetting thoughts of a past traumatic event (molest,
accident, fire, etc) please list: _____
- (____) (____) 45. recurrent distressing dreams of a past upsetting event
- (____) (____) 46. feelings of reliving a past upsetting event
- (____) (____) 47. spend effort avoiding thoughts or feelings related to a past trauma
- (____) (____) 48. feeling that your future is shortened
- (____) (____) 49. startle easily
- (____) (____) 50. feel like you're always watching for bad things to happen
- (____) (____) 51. refusal to maintain body weight above healthy levels.

- (____) (____) 52. intense fear of gaining weight or becoming fat even though underweight
- (____) (____) 53. feelings of being fat, even though you're underweight
- (____) (____) 54. recurrent episodes of eating large amounts of food
- (____) (____) 55. a feeling of lack of control over eating behavior
- (____) (____) 56. eliminates food, such as self induced vomiting, laxatives, strict dieting or strenuous exercise
- (____) (____) 57. persistent worry with body shape and weight
- (____) (____) 58. involuntary physical movements or motor tics (such as eye blinking, shoulder shrugging, head jerking or picking).
- (____) (____) 59. involuntary vocal sounds or verbal tics (such as coughing, puffing, blowing, whistling, swearing).
- (____) (____) 60. repetitive, motor behavior (e.g., hand shaking or waving, body rocking, head banging, mouthing of objects, self-biting, picking at skin)
- (____) (____) 61. passage of feces or urine in inappropriate places (e.g., clothing or floor).
- (____) (____) 62. bed wetting. If present, how often? _____
- (____) (____) 63. failure to speak in social situations despite speaking in other situations
- (____) (____) 64. delusional or bizarre thoughts (thoughts others would think are false)
- (____) (____) 65. visual hallucination, seeing objects or images that are not really present
- (____) (____) 66. hearing voices that are not really present
- (____) (____) 67. odd behaviors: List: _____
- (____) (____) 68. poor personal hygiene or grooming
- (____) (____) 69. inappropriate mood for the situation (i.e., laughing at sad events)
- (____) (____) 70. frequent feelings that someone or something is out to hurt you
- (____) (____) 71. problems with social relationships before the age of 5
- (____) (____) 72. multiple changes in caregivers before the age of 5
- (____) (____) 73. steals
- (____) (____) 74. bullies, threatens, or intimidates others
- (____) (____) 75. initiates physical fights
- (____) (____) 76. cruel to animals
- (____) (____) 77. force others to do things they do not want to do
- (____) (____) 78. sets fires
- (____) (____) 79. destroys property

- () () 80. breaks in to others home, school, car or place of business
- () () 81. lies
- () () 82. stays out at night despite parental prohibitions
- () () 83. runs away overnight
- () () 84. cuts school
- () () 85. doesn't seem sorry for hurting others
- () () 86. negative, hostile, or defiant behavior
- () () 87. loses temper
- () () 88. argues with adults
- () () 89. actively defies or refuses to comply with adults' requests or rules
- () () 90. deliberately annoys people
- () () 91. blames others for his or her mistakes or misbehavior
- () () 92. touchy or easily annoyed by others
- () () 93. angry and resentful
- () () 94. spiteful or vindictive
- () () 95. problems with communication in at least one of the following:
a. the development of spoken language
b. the ability to initiate or sustain a conversation with others
c. repetitive use of language or odd language
d. lack of varied, spontaneous make-believe play or social imitative play
- () () 96. problems with social interaction, in at least two of the following:
a. use of nonverbal behaviors such as eye-to-eye contact, and gestures.
b. peer relationships appropriate to developmental level
c. spontaneous seeking to share enjoyment, interests, with other people
d. lack of social or emotional "give and take"
- () () 97. repetitive behavior, interests, and activities, in one of the following:
a. preoccupation with an area that is abnormal
b. rigid adherence to specific, nonfunctional routines or rituals
c. repetitive motor mannerisms (e.g., hand or finger flapping or twisting)
d. persistent preoccupation with parts of objects
- () () 98. stutters
- () () 99. feels tired during the day
- () () 100. problems with chronic anxiety or tension